

<p>Adaptable</p> <p>I can accept sudden change with a positive attitude</p> <p>© 2016 www.cdschool.co.za</p>	<p>Trustworthy</p> <p>I don't let people down. You can count on me to keep my promises</p> <p>© 2016 www.cdschool.co.za</p>	<p>Hospitable</p> <p>I make visitors and new learners feel at home. I have an open heart</p> <p>© 2016 www.cdschool.co.za</p>	<p>Self-controlled</p> <p>I wait my turn patiently, I control my emotions and I think before I do</p> <p>© 2016 www.cdschool.co.za</p>
<p>Grateful</p> <p>I know I am blessed and I thank God and the people who bless me</p> <p>© 2016 www.cdschool.co.za</p>	<p>Cheerful</p> <p>I choose to see the fun in life and I enjoy making other people laugh</p> <p>© 2016 www.cdschool.co.za</p>	<p>Content</p> <p>I do not ask for more all the time. I am happy with what I have</p> <p>© 2016 www.cdschool.co.za</p>	<p>Determined</p> <p>I set a goal and I work hard to achieve it even if it takes sacrifices and time</p> <p>© 2016 www.cdschool.co.za</p>
<p>Supportive</p> <p>I help and motivate others to succeed, even if there is nothing in it for me</p> <p>© 2016 www.cdschool.co.za</p>	<p>Protective</p> <p>I defend my friends and tell an adult when they are hurt or bullied</p> <p>© 2016 www.cdschool.co.za</p>	<p>Sharing</p> <p>I easily give away a part of what is mine without expecting anything in return</p> <p>© 2016 www.cdschool.co.za</p>	<p>Exemplary</p> <p>My behaviour and example inspire other learners to be better themselves</p> <p>© 2016 www.cdschool.co.za</p>

Discreet

I don't tell stories about others out of respect for them. I know what is private

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Hopeful

I believe that everything will work out for the good. I don't lose heart

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Steadfast

I stick to what I believe in. I don't join people around me who do wrong

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Mature

I am not childish. I behave more grown up than most kids my age

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Brave

I don't let fear stop me from doing a great thing. I can say: *I did it "afraid!"*

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Tactful

I choose my words carefully so that I don't hurt people with my words

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Humble

I choose to be the least and I do not brag about my achievements

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Sensitive

I can feel when something is wrong and I notice when someone else is hurt

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Careful

I think about the consequences of my actions and I choose to be safe

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Encouraging

If someone has a bad day, I give them hope and cheer them up

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Loyal

I stick with my friends, team and teachers. I don't split on them

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Sincere

I don't fake my smile and I really care for others without pretending

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<p>Compassionate</p> <p>I want to help people who are sick, lonely, hungry or in trouble</p> <p>© 2016 www.cdschool.co.za</p>	<p>Pure</p> <p>My thoughts, words and actions are clean. I don't like dirty secrets</p> <p>© 2016 www.cdschool.co.za</p>	<p>Merciful</p> <p>I treat people with forgiveness and care. I say kind things about them</p> <p>© 2016 www.cdschool.co.za</p>	<p>Thorough</p> <p>I am careful in doing all my work in a correct way and to finish well</p> <p>© 2016 www.cdschool.co.za</p>
<p>Willing to serve</p> <p>I will help by doing the difficult, boring work no one else wants to do</p> <p>© 2016 www.cdschool.co.za</p>	<p>Enthusiastic</p> <p>I perform tasks with joy & I make those around me want to join in as well</p> <p>© 2016 www.cdschool.co.za</p>	<p>Responsible</p> <p>I enjoy it when I am given important tasks and I then do my very best</p> <p>© 2016 www.cdschool.co.za</p>	<p>Bold</p> <p>I am not afraid of people or their opinion of me. I do what has to be done</p> <p>© 2016 www.cdschool.co.za</p>
<p>Honest</p> <p>I always tell the truth even if it gets me into trouble. Truth is my friend</p> <p>© 2016 www.cdschool.co.za</p>	<p>Fair</p> <p>I always consider both sides of a story and I won't discriminate</p> <p>© 2016 www.cdschool.co.za</p>	<p>Patient</p> <p>I don't get irritated when I have to wait long or when others are slower than me</p> <p>© 2016 www.cdschool.co.za</p>	<p>Tolerant</p> <p>I accept people who are different, look different & think differently</p> <p>© 2016 www.cdschool.co.za</p>

<p>Prayerful</p> <p>I pray about everything – for my own difficulties and for those around me.</p> <p>© 2016 www.cdschool.co.za</p>	<p>Teachable</p> <p>I make mistakes but I want to learn from them. I don't think I know it all</p> <p>© 2016 www.cdschool.co.za</p>	<p>Courageous</p> <p>I look at difficulties with a positive attitude and I am willing to try</p> <p>© 2016 www.cdschool.co.za</p>	<p>Submissive</p> <p>I know I can't do as I please. I can follow rules and a leader and do as I'm told</p> <p>© 2016 www.cdschool.co.za</p>
<p>Nurturing</p> <p>I care for all living things and for kids around me who need help</p> <p>© 2016 www.cdschool.co.za</p>	<p>Faithful</p> <p>I always do what I am supposed to do without someone checking</p> <p>© 2016 www.cdschool.co.za</p>	<p>Peacemaker</p> <p>I don't like children fighting. I stop fights and help people to get along better</p> <p>© 2016 www.cdschool.co.za</p>	<p>Unselfish</p> <p>I don't only think about myself and my things. I consider those around me too</p> <p>© 2016 www.cdschool.co.za</p>
<p>Thoughtful</p> <p>I know what people need and help them without someone telling me to</p> <p>© 2016 www.cdschool.co.za</p>	<p>Forgiving</p> <p>I forgive others their mistakes and I do not try to take revenge</p> <p>© 2016 www.cdschool.co.za</p>	<p>Persevering</p> <p>I never stop trying! Even when it gets really difficult, I never give up!</p> <p>© 2016 www.cdschool.co.za</p>	<p>Wise</p> <p>I can judge what is true and right and I have insight to know what is important</p> <p>© 2016 www.cdschool.co.za</p>

<p>Cooperative</p> <p>I am willing to work on the ideas and plans of others as a good team player</p> <p>© 2016 www.cdschool.co.za</p>	<p>Kind</p> <p>I am friendly with staff members and fellow learners. I greet and smile first</p> <p>© 2016 www.cdschool.co.za</p>	<p>Positive</p> <p>I see the best in every situation. I believe in solutions, not problems</p> <p>© 2016 www.cdschool.co.za</p>	<p>Loving</p> <p>I can easily show love by giving hugs, smiles, kind words, small gifts or notes</p> <p>© 2016 www.cdschool.co.za</p>
<p>Creative</p> <p>I enjoy doing things in a different way and I have new and interesting ideas</p> <p>© 2016 www.cdschool.co.za</p>	<p>Generous</p> <p>I give more of my time, friendliness and belongings than is asked for</p> <p>© 2016 www.cdschool.co.za</p>	<p>Helpful</p> <p>I notice when people need help even before they ask. I enjoy helping</p> <p>© 2016 www.cdschool.co.za</p>	<p>Joyous</p> <p>I am full of joy and I keep my joy even when things are going badly for me</p> <p>© 2016 www.cdschool.co.za</p>
<p>Attentive</p> <p>I listen to what other people say. I hear their words and their emotions</p> <p>© 2016 www.cdschool.co.za</p>	<p>Gentle</p> <p>I have a soft heart and I speak with a soft voice. People feel safe near me</p> <p>© 2016 www.cdschool.co.za</p>	<p>Respectful</p> <p>I always speak in a polite way and give others their space and time to speak</p> <p>© 2016 www.cdschool.co.za</p>	<p>Accepting</p> <p>I can accept 'NO' for an answer without back chatting or manipulating</p> <p>© 2016 www.cdschool.co.za</p>
